**Preliminary Material 2015 GCSE PE Exam – Section B**

Ben is a 17-year old amateur gymnast who is studying for his A Levels in the sixth form. He also volunteers in a local primary school where he runs sports sessions and competitions for the students at lunchtimes.

Ben began gymnastics at primary school and has been on the National Talent Programme since the age of 14. As a result of recent success in competitions, he has been included in the World Class Podium Potential Programme. He trains for six days a week at a gymnastic facility, which is equipped with the latest equipment and technology. Ben follows a strict training routine and diet set by his coach.

Ben has a small group of friends who are not involved in sport. He is spending less time with them as his training time increases. Ben has a shy personality and often suffers from anxiety when competing in major competitions.

Ben has represented Great Britain at the European Junior Gymnastic Championships. He hopes to emulate Louis Smith, an Olympic gymnastics medallist, by competing at the Rio 2016 Olympic Games.